ΠΤΩΧΟΦΑΡΜΑΚΟΝ,

SEU

# MEDICAMEN MISERIS,

OR,

*Pauperum pyxidicula ſalutifera.*

# Help for the Poor,

Collected for the benefit of ſuch as are not able to make uſe of Phyſitians and Chirurgions, or live remote from them.

Alſo an Appendix concerning leting bloud in the Small Pox.

By ROBERT PEMEL, Phyſitian of *Crane-brook* in *Kent.*

*Si verò occaſio ferendæ opis ſe obtulerit, & peregrino, & egendo, maximè talibus, opituleris.* Hippoc. præcept. Fol. 22.

*LONDON*,

Printed for *Philemon Stephens*, at the *Gilded-Lion* in *Paul's* Church-yard, 1653.

448.04

# To the Reader, and more ſpecially to my Friends and Neighbours of *Crane-brook* in *Kent*.

*Loving friends, and Neighbours, and Gentle Reader, whoeever thou hap to be. It's every mans duty to be doing good to others, or to receive good from others; for ſurely no man was born for himſelf only; yet ſo it fals out that moſt men are ſelf-ſeekers, in theſe dayes. I have here, for the benefit of the poorer ſort of people, gathered ſome choice and eaſie medicines; moſt of them may ſoon be made, eaſily obtained, and that at any time of the year. yet I would deſire ſuch as are willing to make uſe of the medicines in this*

*Treatiſe, to take the beſt time for them, eſpecially for oyntments and plaſters, that are to be made with green herbs, that ſuch be made in the ſummer, when there is moſt virtue in them. The chief and main inducing cauſe hereof was theſe hard times, wherein the poor have ſcarce bread to eat, much leſſe money to go to the Phyſitian or Chirurgion; and though plenty may come again, (which I heartily wiſh, & pray for) yet I hope this collection of mine may be uſeful to many then, as well as now. Thus deſiring a favourable acceptation of what I have done herein. I take my leave.*

Yours in any Chriſtian

ſervice,

ROBERT PEMEL.

## *Upon this Help for the Poor, collected by* ROBERT PEMEL *Phyſitian.*

WHat Herbs, Flowers, Min'rals, Trees the earth (doth bear,
For man his uſe and help, prepared are:
And God the bounteous Maker of them all;
Who firſt them planted on earths maſſy Ball,
And with their various Vertues them endew'd,
Intended them unto poor peoples-good;
As well as of rich Lords, and Ladies, Gent.
Poor men in pain meet help and eaſe do want;
But Oh the love of gold and ſordid gain,
That doth the Lords rich bounty much reſtrain!
Let a rich man lie ſick, or pained be,
Upon his leaſt requeſt, to him doth flee
The Phyſick Doctor, or the Surgeon,
Their Soveraigne Medicines them to try upon;
And him to cure, the love of large reward,
Which there he hopes, makes him the rich regard:
But let the poor, ſick or diſeaſed lie,
Let him ſend for them, let him call and cry;
They are as deaf as *Baal* to his Prieſts;
He hath no gold to greaſe them in their fiſts.
Loe here a pitiful Samaritan,
That taking care for the poor needy man,
Doth him provide of eaſie medicines,

Which nor are coſtly, nor are hard to finde;
So his own Doctor in need he may be,
Without the care of any Doctors fee.
Let then, good friends, this Author have your praiſe,
And thanks for theſe ſo helpful his eſſayes:
Wherein conſpires much ſkilful induſtry;
With more of love and Chriſtian charity.

J. E.

Againſt

## *Againſt Burning and Scalding.*

TAke of the whites of eggs two ounces, oyl of Roſes (or for want thereof, Sallet-oyl) one ounce, beat them well together. Dip fine rags in the ſame, and apply them to the burn or Scald. This cures ſpeedily, ſafely, and exactly, by taking away the heat, eaſing pain, and leaves no ſcar behinde.

Or,

Take one ounce of oyl of Roſes, of ſweet cream two ounces, of honey half an ounce, mingle them together and apply it.

Or,

Take of freſh and new Butter out of the churn, and not at all ſalted,

what quantity you will; boyl it with a ſufficient quantity of Gooſe-dung, then ſtrain it into fair and ſweet Spring-water. Strain it thus, five or ſix times, (for the oftner it is done, the more virtue it hath) then laſt of all, ſtrain it into Roſe-water, and waſh it often therewith; put it up, and keep it for your uſe. This *Stocherus* commends, and ſaith he had experience of it himſelf, in the year 1509. *Praxis Stocheri. fol.* 344.

Or,

Take quick Lime and waſh it nine or ten times in fair water; let it ſtand in every water two or three hours; then pour off the water and put more to it. Take the waſhed Lime (being ſtrained from the water) and add to it oyl of Roſes and the whites of eggs; make an oyntment and keep it for your uſe.

Or,

Take Lime and put into fair water, and let it ſtand therein four or five dayes, changing the water every day; then dry it, and make it into fine powder; mix it with a ſufficient quantity

of

of Linſeed-oyl, and keep it for your uſe.

Or,

Take of old Hogs-greaſe what quantity you will, ſtrain it into cold water, and add to it a ſufficient quantity of the whites of eggs, beat them well together, then apply them to the burn or ſcald on linen.

Or,

Take Ivie-leaves (ſuch as grow near the ground) Marigold-leaves, Wood-bind-leaves, and Plantaine, of each a good handful, cut them ſmall, and bruiſe them; then boyl them in ſix or eight ounces of Hoggs-greaſe, ſtrain them, and keep it for your uſe.

Or,

Take two handfuls of groundſel, as much of Houſe-leek, of Barrows-greaſe ſix ounces, ſtamp them together, and put thereto two handfuls of new Sheeps-dung; ſtamp them together, and boyl them gently at the fire, ſtrain them and keep it for your uſe.

Or,

Take four ounces of Gooſe-dung, of one nights making, and of freſh Butter,

Butter, or Sheeps-ſuet, three or four ounces; Fry them gently in a pan together, ſtrain it, and wet clouts in the ſame, apply it to burning or ſcalding.

Or,

Take of the inward bark of the Elder four ounces, of Sheepe-ſuet half a pound, of Sheeps-dung ſix ounces. Fry them together, and being ſtrained, keep it for your uſe.

Or,

Take of the juce of Houſleek, Plantaine, Comfrey, (the leſſer of each) two ounces, of Sheeps-dung one ounce, Sheeps-ſuet half a pound. Boyl them together with a gentle fire, then ſtrain and reſerve it.

Or,

Take of Mulleyn, Plantain, of each one handful, of Burnet half a handful of Ale-hoof four handfuls. Bruiſe them groſly together, let them ſtand eight dayes; then adde to them of Sheepsdung and wax a ſufficient quantity, then ſtrain it and keep it to uſe.

Or,

Take of the herb Prunella two handfuls; beat it with tree or four ounces of

of freſh Butter; let them ſtand together three or four dayes, then boyl them with a gentle fire, ſtrain it and keep it for your uſe.

Or,

Take oyl of Roſes two ounces, the yolks of ſix eggs, beat them very well together, and add thereto fourty grains of Saffron in powder; ſpread it on linen and lay it upon the burned parts.

Or,

Take of Night-ſhade-water, and Plantain-water, yolks of eggs, oyl of Roſes, and Virgins wax, of each a like quantity. Firſt melt the oyl and wax together, then put in the waters, and laſt of all the yolks of eggs by degrees, being firſt well beaten together. Keep it to uſe.

Or,

Take a quart of ſweet cream, a handful of Fern-roots, waſh and clean the roots, cut them in ſmall pieces, then boyl them in the Cream till it be a kind of jelly. Spread it on linen and lay it to burning or ſcalding.

Or,

Take of Linſeed-oly four ounces, of new wax two ounces, of the whites of eggs a ſufficient quantity, mix them together on the fire, and keep it for your uſe.

Or,

Take four ounces of freſh Butter, then pour it (being melted) into cold water, and waſh it till it be very white, pour away the water, and keep it for your uſe.

If the skin be not broken, then uſe the juyce of Onyons with ſalt in fine powder.

Or,

Take black Sope and Honey of each a like quantity, mix them together.

Or,

Take the juyce of Elder-berries and mix it with the white of an egg. Apply it.

Take heed you uſe not the former of Salt and Sope where the skin is off or broken, for then it will cauſe great pain.

*Againſt*

## *Againſt burning with Gnnpowder.*

TAke of the juyce of Houſleek four ounces, of the whites of three or four eggs new laid, beat them well together till they froth, then mix the juyce with it. Dip linen clothes in the ſame, and lay it warm to the burned part.

Or,

Take the juyce of Onions two ounces, of Linſeed-oyl one ounce, mix them together, and apply it.

Or,

Take of black Sope half a pound, of the beſt Honey four ounces, of Salt in powder half an ounce: mix them together. This muſt not be uſed where the skin is off.

*For the ſame, if the burning be about the eyes or the eye-lids.*

Take of red Roſe-water four ounces, of womans milk two ounces, of the whites of two eggs, of white Sugar-Candy in fine powder one ounce and a half, mingle them together, and keep it for your uſe. If

*If the burning be in the face, uſe this.*

Take two ounces of oyl of Roſes, o red Roſe-water one ounce, of the whites of two eggs, mingle them toge ther and apply it.

## For Burning, Scalding, Itch, Sore-Nipples, Piles both inward or outward, Kibes or any inflamation, as alſo for a green wound.

*TAke half a pound of Litharge of "gold, in as few pieces as you can "finde them, burn it in a clear fire till "it glow like burning coal; then beat "it into fine powder, and put to it three "pints of White Wine Vinegar; boyl it "to a quart, then let it ſtand ſeven "hours, afterwards pour it all off (from "the gravel or droſſe) into a pint of "Sallet-oyl. Beat them wel together in- "to a Salve.*

*"For burning and ſcalding it muſt be "laid on with lint or linen cloth, and "changed every two hours, till the fire "be out.*

*Where*

"*Where the skin is much off in burn-*
"*ing or ſcalding, it wil cauſe pain and*
"*ſmarting. Wherefore in ſuch caſes*
"*work a little more oyl into the oynt-*
"*ment, to allay the ſharpneſſe of the vi-*
"*negar.*

"*If the Litharge be very ſmal pieces*
"*or in powder, you may burn it in a fire-*
"*ſhovel, and it wil be of equal virtue*
"*with the larger pieces.*

This is commended for long experience in divers families of acquaintance, with the Printer of this Treatiſe, who dwelleth at the *Gilded-Lion* in *Pauls Church-yard.*

## *Againſt green Wounds.*

TAke of the leaves of the hearb called Clowns-wound-wort, or All-heal, two handfuls; of Barrows-greaſe three or four ounces: bruiſe the herb, and frye them together; ſtrain and keep it for your uſe.

Or,

Take three handfuls of All-heal, bruiſe it, and add thereto of Sallet-oyl four ounces, of Roſen one pound, of wax ſix ounces, of Sheeps-ſuet half a pound

pound; cut the Suet ſmall, and the wax, then ſet them on the fire to boyl gently, ſtrain it into cold water, and make rouls thereof, which is excellent to cure moſt green wounds. If you cannot get this herb, take Comfrey, Prunella, or Melilot in the room thereof.

Or,

Stamp the roots of Solomons ſeal, and lay it to any green wound after it hath done bleeding.

Or,

Take Comfrey, Bugle, or Prunella, ſtamp them and fry them with May-Butter, ſtrain it, and keep it for your uſe.

Touching the vertues of the herb *Clowns-wound-wort* or *All-heal*, I have thought fit to inſert in this place, that which is related by Mr. *Ioh. Gerrard*, in his Herbal, as may be ſeen in the laſt Edition thereof, Printed 1635. *Lib.* 2. *Chap.* 390. *pag.* 1005.

THe leaves hereof ſtamped with Axungia *or Hoggs-greaſe, and applied*

"*plied unto green wounds in manner of*
"*a poulteſſe, healeth them in ſhort time*
"*and in ſuch abſolute manner, that it is*
"*hard for any that have not had the ex-*
"*perience thereof, to believe. For be-*
"*ing in* Kent *about a patient, it chanced*
"*that a poor man in mowing of Peaſe*
"*did cut his leg with a ſithe, wherein he*
"*made a wound to the bone, and withal*
"*very large and wide, and alſo with*
"*great effuſion of bloud: the poor man*
"*crept unto this herb, which he bruiſed*
"*with his hands, and tied a great quan-*
"*tity of it to the wound with a piece of*
"*his ſhirt, which preſently ſtenched the*
"*bleeding, & ceaſed the pain; inſomuch*
"*that the poor man preſently went*
"*to his days work again, and ſo did from*
"*day to day, without reſting one day*
"*til he was perfectly whole: which was*
"*accompliſhed in few days, by this herb*
"*ſtamped with a little hogs-greaſe, and*
"*ſo laid upon in manner of a poulteſſe;*
"*which did as it were glew or ſoder the*
"*lips of the wound together, and heal*
"*according to the firſt intention, as we*
"*term it, that is, without drawing or*
"*bringing the wound to ſuppuration or*

" *matter which was fully performed in*
" *seven dayes, that would have required*
" *fourty dayes with balsome it self. I*
" *saw the Wound, and offered to heal the*
" *same for charity, which he refused. say-*
" *ing, that I could not heal it so wel as*
" *himself; a clownish answer I confesse,*
" *without any thanks for my good will;*
" *whereupon I have named it* Clownes-
" wound-wort *as aforesaid, since which*
" *time my self have cured many grie-*
" *vous, and some mortal, with the same*
" *herb. One for example, done upon a*
" *Gentleman of* Grays-Inn *in* Holborn,
" Mr. Edmond Cartwright, *who was*
" *thrust into the lungs, the wound en-*
" *tring in at the lower part of the* Tho-
" rax *or the brest-blade, even through*
" *that* Cartiliginous *substance called*
" Mucronata Cartilago, *insomuch that*
" *from day to day the frothing and puf-*
" *fing of the lungs, did spew forth of the*
" *Wound such excrements as it was pos-*
" *sessed of; besides, the Gentleman was*
" *most dangerously nexed with a double*
" *Quotidian Fever, whom by Gods per-*
" *mission I perfectly cured in very short*
" *time; and with this Clowns experi-*

" *ment,*

" *ment, and ſome of my foreknown helps,*
" *which are as followeth.*

" *Firſt, I framed a ſlight Unguent*
" *hereof thus; I took four handfuls of*
" *the herb ſtamped, and put them into a*
" *a pan, whereunto I added four ounces*
" *of Barrows-greaſe, half a pint of oyl-*
" *olive, wax three ounces; which I boil-*
" *ed unto the conſumption of the juyce;*
" *which is known when the ſtuffe doth*
" *not bubble at all: then did I ſtrain it*
" *putting it to the fire again, adding*
" *thereto two ounces of Turpentine, the*
" *which I ſuffered to boyl a little, reſer-*
" *ving the ſame for my uſe.*

" *In like manner, I cured a Shoo-ma-*
" *kers ſervant in* Holborn, *who intend-*
" *ed to deſtroy himſelf, for cauſes known*
" *unto many now living; but I deemed*
" *it better to cover the fault, then to put*
" *the ſame in Print, which might make*
" *ſuch a graceleſſe fellow to attempt the*
" *like; his attempt was thus. Firſt, he*
" *gave himſelf a moſt mortal wound in*
" *the throat, in ſuch ſort, that when I*
" *gave him drink, it came forth of the*
" *wound, which likewiſe did blow out the*
" *candle: another deep and grievous*

" *matter which was fully performed in*
" *seven dayes, that would have required*
" *fourty dayes with balsome it self. I*
" *saw the wound, and offered to heal the*
" *same for charity, which he refused. Say-*
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" *himself; a clownish answer I confesse,*
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" *wound such excrements as it was pos-*
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" *a pan, whereunto I added four ounces*
" *of Barrows-greaſe, half a pint of oyl-*
" *olive, wax three ounces; which I boil-*
" *ed unto the conſumption of the juyce;*
" *which is known when the ſtuffe doth*
" *not bubble at all: then did I ſtrain it*
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" *like; his attempt was thus. Firſt, he*
" *gave himſelf a moſt mortal wound in*
" *the throat, in ſuch ſort, that when I*
" *gave him drink, it came forth of the*
" *wound, which likewiſe did blow out the*
" *candle: another deep and grievous*

" *Wound in the breſt, with the ſaid dag-*
" *ger, and alſo two other in* Abdomine
" *or the nether-belly, ſo that the* Zirbus
" *or fat, commonly called the Caul, iſſu-*
" *ed forth with the guts; the which mor-*
" *tal wounds, by Gods permiſſion and the*
" *vertues of the herb, I perfectly cured*
" *within twenty dayes; for the which the*
" *Name of God be praiſed.*

## *Againſt the Shingles.*

TAke Doves-dung, and mix it with oyl of Roſes or Sallet-oyl; apply it to the place affected.

Or,

Take Swans-dung, or (for want thereof) Gooſ-dung, mix it with the white of an egge, and uſe it.

Or,

Take Doves-dung two or three handfuls, of wheaten meal and wine-vinegar, of each ſo much as is ſufficient to make them into a Poulteſs. Apply it, and lay a Cole-wort-leaf on the top thereof: renew it every ſix hours.

Or,

Take of Plantan-water ſix ounces, of

of Vinegar of Roſes (or in the room ſtrong wine Vinegar) one ounce; mix them together, dip linen rags therein; apply it warm to the place affected and to the adjacent parts; renew it ſo often as it drieth up the linen raggs.

Or,

Take of the juyce of Plantan, the juyce of Houſleek, the juyce of Night-ſhade, and ſtrong wine vinegar, of each a like quantity; mix them and uſe it as before.

Or,

Take half a pint of Cream, mix with it Bran or crums of white bread ſteeped in milk, and make a Poulteſs thereof. Apply it warm.

Or,

Take oyl of Roſes, oyl of Violets, oyl of Camomil, and juyce of Plantain; of each one ounce: mix them together, and apply.

Or,

Anoint the place with the bloud of a Cat warm.

## *Againſt Tetters, Ring-worms.*

TAke of Barrows-greaſe two ounces, of Tarr one ounce; boyl them gently together, and put therein of Elicampane in fine powder, half an ounce; with this anoint the Tetter morning and evening.

Or,

Take red Dock-roots, cut them into thin ſlices, and ſteep them all night in ſtrong wine Vinegar; with this waſh the place often, or ſtamp the roots and vinegar together in a morter, and apply it.

Or,

Take of Allom one ounce, of Garlike as much; dry the Garlike and burn it to aſhes, beat alſo the Allom to powder; mix them with a ſufficient quantity of vinegar and honey: boyl them gently to a good body (taking off the skum as it riſeth) and keep it for your uſe.

Or,

Take of the beſt Aloes one ounce and a half, of ſtrong wine vinegar three ounces,

ounces; let the Aloes be made into fine powder; mix it with the vinegar and add thirty drops of oyl of Vitriol; waſh the place therewith, being firſt ſhaken together.

Or,

Take of quick Lime four pound, quench it in three gallons of ſcalding water, mix it well together and ſtrain it, then let it ſettle, and keep a gallon of the cleareſt for to waſh the Tetter.

Or,

Take a quart of white wine vinegar, boyl therein of Wood-bindeleaves, Sage and Plantain, of each one handful, of White-Coperas four ounces, of Allom as much as an egge; boyl them to half a pint, or three quarters of a pint; ſtrain out the liquor, and waſh the Tetter therewith.

## *Againſt Boyls or Fellons.*

TAke the crums of Bread, Raiſons of the ſun ſtoned, of each a ſufficient quantity, add to them Hogsgreaſe, Leaven, Cowmilk, and a little Saffron; apply this till it break; then

draw out the corruption with plaſters of Burgundy-pitch.

Or,

Take Smallage, Rue, and red Sage, of each one handful, cut and bruiſe them, and mix therewith Leaven, and the Grounds of ſtrong Ale or Beer. Apply it.

Or,

Take Rag-wort, Rue and Hyſope, of each as much as you can hold in two of your fingers, one clove of Garlick and a little piece of ſowre Leaven, a ſpoonful of bay Salt, and a piece of ruſty Bacon; beat them together and lay it on for twenty four hours ſpace.

Or,

Take of fine Malt-flower a handful, of Sope as much as a Walnut; boyl them together in beer until it be thick; lay this to the place and change it two or three times in a day.

Or,

Take red Sage, Rue, Snailes, Bay-ſalt, and Bacon, of each a ſufficient quantity, beat them together and apply it.

Or,

Or,

Take red Sage, Rue and Ragwort, of each a handful, cut and bruiſe them: Add thereto of ſowr Leaven about the bigneſſe of a Tennis-ball, of Tarr two ſpoonfuls, of black Sope a ſpoonful; ſtamp them altogether, and apply it morning and evening.

Or,

Take ſome wheaten flour, and boyl it in Beer or Ale to a good thickneſſe, apply it warm.

Or,

Take the leaves of Sorrel, Marſh Marigold, of each half a handful, white Lillie root a quarter of an ounce, ſtamp them a little together, then lap them in a Dock-leaf and roaſt them in Embers. Apply it hot.

Or,

Take Bay-ſalt in powder and mix it with the white of an egge, Apply it.

Or,

Take half a handful of Smallage, wheaten Leaven, black Sope, the white of an egge and wheate flower; ſtamp them together and lay them on a cloth

cloth to the Fellow.

## *Againſt Kibes and Chil-blains.*

TAke Pomgranate pill, bruiſe it, then being boyled in whitewine or vinegar; waſh the place therewith.

Or,

Take of the bitter Vetch called Orobus one ounce; bruiſe and boyl them in water, with which bathe the place.

Or,

Take Camomil and Melilot of each half an ounce, of Marſh-mallow-roots one ounce, Cummin-ſeed and Bay-berries of each a quarter of an ounce; make them in powder, and mix therewith four ounces of Boars-greaſe, or Hogs-greaſe. Anoint the Kibes with it.

A Rape or Turnep roaſted with freſh-Butter, and applied, is good for the ſame.

Or,

Earth-worms boyled in oyl, with which anoint the Kibes.

Or,

Or,

Take the pap of Apples and Turneps of each three ounces, of freſh Butter two ounces, of Ducks-greaſe, or Swans-greaſe, or Capons-greaſe, one ounce; mix them together and apply it.

Or,

Waſh the feet and hands with Brine of Beef, or with the pickle of Olives.

Or,

Bathe them with Oates boyled in water and vinegar.

## *Againſt the Itch and Scab.*

TAke a handful of yellow Dock-roots, bruiſe them very well, then boyl them in ſix ounces of Hogs-greaſe, ſtrain it, and being cold, add thereto half an ounce of Brimſtone in fine powder, and a quarter of an ounce of Elecampane root in powder; mix them together, and anoint the itch therewith.

Or,

Take the juyce of Scabious and Fumitorie, of each one ounce, powder of Elecampane a quarter of an ounce,

oyl

oyl of Roſes and white Lillies, of each half an ounce; boyl them in two or three ounces of vinegar till it be thick. Keep it to uſe.

Or,

Take four ounces of ſtrong Vinegar, of Roch-Allom half an ounce; of Plantain, Sink-foyl, Honey-ſuckle leaves of each half a handful; boyl them gently to the waſting of half: then add to the ſtrained liquor a quarter of an ounce of white Mercury in fine powder. Boyl them a little, and keep it, to waſh the Itch with.

Or,

Boyl Dock-roots, Scabious, Sopewort, Fumitorie and Sorrel in water and vinegar. Bath with it.

Or,

Take water-Betonie two good handfuls, Dayſie-leaves and Ale-hoof or Ground-Ivy, of each a handful, of red Dock-roots as much; bruiſe them well, and mix therewith half a pound or twelve ounces of Hogs-greaſe, let them ſtand in a crock ſeven or eight dayes; then being boyled gently and ſtrained keep it for your uſe.

Or,

Or,

Take one ounce of Salt-Peter, half an ounce of Roch-Allom; boyl them in a pint of Vinegar till about half be conſumed, then uſe it to the place grieved.

Or,

Boyl Tobacco ſtalks in water and Vinegar; bathe with it warm.

Or,

Take one ounce of Tobacco in fine powder, of Brimſtone in powder a quarter of an ounce, mix them together with three or four ounces of Hogs-greaſe, and make an oyntment: with this anoint the body every night.

## *Againſt Bruiſes and ſtrains.*

IF the inward parts be bruiſed, give a little Spermaceti (which the vulgar call Parmacitty) morning and evening with ſome Stone-pitch in powder. It may be taken in Beer, Poſſet-drink, or Sack.

Or,

Give twenty grains of Iriſh-flat powdered in any of the aforeſaid liquors.

Or,

Or,

Pour out the white of an egge, an
put in ſome Spermaceti; roſt it ſof
then ſup it up in a morning faſting.

If the party bleed, give him a Dra
(which is half a quarter of an ounce
of Bole-armoniack powdered in Poſſe
drink, wherein St. Johns-wort an
Buggle hath been boyled.

*Outward means.*

Take two ounces of oyl of Peter, on
ounce of oyle of Turpentine, half a
ounce of oyl of Roſes, as much o
yellow wax, melt the wax in the oyles
and anoint with it,

Or,

Take Solomons-ſeal, beeing green
bruiſe it and fry it with freſh Butter
Apply it warm.

Or,

Take two pound of freſh Butter
put to it of Broom-flowers and El
der-flowers of each a good handful o
more, of Sage half a handful; bruiſe
the herb and flowers: mix them with
the Butter, then put them in a Pipkin
or Crock ſeven or eight hours in a
Kettle

Kettle of hot water, cover it, and keep the Kettle alwayes full of water; when it hath thus boyled, take it out, and let it ſtand a while (but not till it be cold) then ſtrain, and reſerve it for your uſe.

Or,

Take Ale-hoof, Brook-lime and Smallage of each a handful; bruiſe them, and add thereto half a pound of Hogs-greaſe and ſheeps-ſuet; fry them together, ſtrain it, & when it is almoſt cold, put thereto a little Spermaceti or oyl of Spermaceti; mix them together and keep it for your uſe.

Or,

Take Chickweed, Wheat-bran, and the Grounds of ſtrong Ale or Beer, cut the herb ſmall and mix them together, then apply them warm to the place, ſtrained or bruiſed.

Or,

Take Camomil, Worm-wood, of each one handful, Red Roſe leaves half a handful, of Barly meal one handful. Boyl them ſoft in water or milk, then put freſh Butter or oyl of Roſes to it, and lay it warm to the bruiſed part.

*Againſt*

## *Againſt Blackneſs or Blewneſs of the face or eyes.*

TAke of Caſtle-Sope two ounces, of the oyntment called Dialthææ one ounce; of Aquavitæ half a quarter of a pint, melt them together and anoint therewith morning and evening.

Or,

Take the juyce of Solomons-ſeal, of Unguentum album, and the white of an egge, mingle them together, and apply it morning and evening.

Or,

Anoint with the oyntment Dialthææ mixed with a little Spermaceti.

Or,

Take the roots of blew Flower-Deluce, beat it with Roſe-water, then lay it between a linen cloth, and apply it to the eyes.

Or,

Take Paper four-double; wet it well in cold water, and lay it to the bruiſe.

*Againſt*

TAke Aquavitæ, Neats-foot-oyl, oyl of Camomil, of each a like quantity; mingle them together, and uſe it againſt cold aches.

Or,

Take oyl of Exeter, Aquavitæ and Oxe-gall, of each two ounces: mix them together, and uſe it.

Or,

Take four ounces of oyl of Bay, two ounces of Aquavitæ; mix them together.

Or,

Take Camomil, Sage, Dill, Roſemary, of each a good handful; bruiſe and cut them; then add thereto a pint of Lin-ſeed-oyl. Boyl them together for the ſpace of half an hour, then put in half a pound of freſh-Butter; boyl it again very gently, ſtrain it, and keep it for your uſe.

Or,

Take half an ounce of oyl of Peter, oyl of Spike and Philoſophers oyl, of each a quarter of an ounce, oyl of Exeter half an ounce, mingle them together.

### *To draw out Thorns and Splinters.*

APply common Turpentine to the place ſpred upon lether.

Or,

Make a plaſter of Galbanum, or Ammoniacum and lay it to the thorn or ſplinter.

Or,

Take a piece of Spunge, or a lock of wool, dip it in hot Urin, and apply it.

Or,

Bray Nettle roots and Salt together, lay it on.

Or,

Take the roots of Polypodium; bruiſe them with Barrows-greaſe, and apply it.

Or,

Take a piece of Foxtongue ſteeped all night in Vinegar, bind it faſt, and in a day or two it will draw it out.

Or,

Take black Sope, Tarr, Gooſe-dung, or Hens-dung; mix them together and apply it.

Or,

Or,

Take Honey, Oxe-gall, and chalk in powder; mingle them together and lay it to the place where the thorn is.

## *Againſt bleeding of the Noſe.*

TAke Olibanum, Aloes, Dragons-bloud, Bole-armonack, of each half an ounce, make them in powder, and mix them with the white of an egge and the hair of a Hare that groweth under the belly; Apply it to the temples and nod of the neck, alſo put up a tent of the ſame into that noſtril that bleedeth.

Or,

Take linen clothes and wet them well in Vinegar; apply it cold to the privy members of him that bleedeth.

Or,

Take half a pint of Plantain water, as much ſtrong wine Vinegar, mingle them together, and take linen clothes, and wet therein, lay ſome of them to the ſoles of the feet, and ſome on the right ſide, where the Liver lieth, and ſome to the palms of the hand, and

ſome to the nape of the neck and to the forehead. Or,

Take an egg-ſhell and fill it with the party his bloud that bleedeth, dry it in hot Embers, make it into powder, and blow up ſome of it into his noſtrils with a quill.

Or,

Take four ounces of Plantan water or the juyce thereof, two ounces of ſtrong Vinegar, one ounce of the juyce of Knotgraſſe, one ounce and a half of Bole-armonack in powder; mix them together, wet a double linen cloth therein, and apply it cold to the forehead. Or,

Take Bole-armonack, Dragons-bloud, of each one ounce in powder, mix them with the white of an egge and the juyce of Plantain to the form of a Poultis. In men that bleed, apply it to the forehead, temples and teſticles. In women to the forehead, temples and breaſts.

Or,

Burn an egg-ſhel in the fire till it be as black as a cole, make it into fine powder, and let the party that bleeds ſnuff up ſome into his noſtrils.

Or,

Take Aloes one ounce, Milduſt half an ounce, the hair of an Hare cut very ſmall half a quarter of an ounce or leſs, mingle them together, and make tents thereof with the white of an egge, and put them up into the noſtrils. The Tents are to be made with fine Flax or Tow.

## *Againſt the bleeding of a wound.*

IF a wound bleed, take the white of an egge Bole-armonack, and ſome Milduſt; mix them together, and lay it on Flax or lint binding it faſt.

Or,

Take the moſſe of an Oak, and lay it to the wound.

Or,

Take old clean linen, burn it as you do Tinder, and lay it to the wound.

Or,

Lay on a Copweb that is clear from filth and dirt.

## *Againſt the Piles or Hemorrhoides.*

TAke two handfuls of Pilewort, roots and all, bruiſe it and adde two or three ounces of Hoggs-greaſe, boyl them gently together, then ſtrain it and anoint therewith: alſo boyl Pilewort in Beer or water, and drink a good draught of it morning and evening.

Or,

Take burnt Muſcle ſhels in fine powder half an ounce, Saffron in powder thirty grains; mix them with Honey, and anoint with it.

Or,

Beat the yolk of an egge and ſome Sallet oyl, or oyl of Roſes, together with ſome Saffron; and ſpread it on Leather, lay it to the place affected.

Or,

Take Meliot, Fenegreek, and Linſeed, of each a like quantity; bruiſe them and mix therewith the white of an egge, make a Poulteſs, and lay it to the Piles.

Or,

Or,

Take an Onion well roſted in the Embers, bruiſe it, and add thereto meal or powder of Fenegreek, Linſeed, and Camomil flowers, as much as ſufficeth; put alſo a little Butter and Saffron to it; make a Poultis and apply it.

Or,

Take the fat of a Hen and mix therewith the yolk of an egge, Saffron and oyl of Roſes. Lay it on.

Or,

Take two ounces of Doggs-dung in fine powder, four ounces of common oyl or Linſeed-oyl, boyl them gently together, then add two or three ounces of wax and make an oyntment.

Or,

Take oyl of Violets (waſhed in Violet water) and freſh-Butter waſhed, of each one ounce, of Lin-ſeed-oyl half an ounce, with the yolk of an egg, and the fore-mentioned, make an oyntment.

Or,

Take Elder leaves and boyl them in water til they be very tender; with this bathe the Fundament warm, and lay on the leaves with a piece of Cot-

ten dipped first in the bath.

Or,

Take two ounces of oyntment of Roſes, one ounce and a half of Populeon oyntment, the yolk of one egge, of Opium thirty grains; mix them together, and anoint therewith.

Or,

Take an ounce of Linſeed-oyl, and two or three Plantain leaves, ſtamp them, and being gently boyled together, apply it this doth eaſe pain.

Or,

Take Henbane leaves and Purſlain, cut them ſmall, then take crums of white Bread and boyl them all in milk, till they be ſoft, add alſo the yolk of a hard roaſted egge and oyl of Roſes. Apply it to the Fundament.

## *Againſt bleeding of the Piles.*

IF they bleed much take the juyce of Leeks, and give the party a ſpoonfull thereof for three or four mornings together.

Or,

Give the juyce of Yarrow every morning for four or five days together.

Or,

Or,

Take of Oak-leaves five handfuls, of Red Roſes two handfuls; of Acorn cups three handfuls; boyl them in a ſufficient quantity of water; In which quench often red hot iron or ſteel, and ſo bathe the Piles therewith morning and evening.

Or,

Take of Acorn cups, or the leaves of the Oak one handful, boyl them in water, wet a red cloth therein, and apply it warm.

Or,

Take the parings of Horſe-hoofs, burn it in a chafingdiſh of coles, and ſit over it.

## *Againſt a weak back.*

### *Inward means.*

TAke one ounce of the pitch of an Ox black, one ounce of Dates, cut them in thin ſlices; boyl theſe in half a pint of Muſcadine, and take thereof every morning and evening.

Or,

Take of Clary and Nep of each a handful, cut them ſmall, then with eggs and

and flower make Batter, fry it with Butter, eat every morning thereof for a week or two.

Or,

Take as much of white and red Sanders in powder as will lie on a ſix pence every morning, in five or ſix ſpoonfuls of Muſcadine, for a week or more.

Or,

Take of Knot-graſſe, Comfrie and Cinque-foyl, of each two handfuls; boyl theſe with a knuckle of Veal and Raiſons of the Sun, a few Cloves, and a little Mace, ſtrain it and take it every morning with Riſe in powder.

Or,

Boyl Iſingleſs in milk, and take every morning and evening a good draught.

## *Outward means.*

Take Comfrie, White Archangel flowers, Plantain and Shepherds purſe of each a good handful; cut them and bruiſe them, then fry them with freſh Butter, ſtrain it, with which anoint the back morning and evening warm, lay in

ing on a linen cloth.

Or,

Take half an ounce of the plaſter called Diachylon ſimplex, of Deminio and Diapalma, of each as much, melt them together with a little oyl of Roſes, and ſpread a plaſter thereof on linen or leather, lay it to the back.

### *Againſt the biting of a mad Dog, or any other venemous creature.*

LEt the wound be waſhed well with Vinegar and Honey, or Honey and white wine, then apply ſome Treacle mingled with Turpentine and Butter, or elſe Garlick and Onions ſtamped with Butter or Sallet oyl.

Give the party morning and evening ſome London Treacle, or Venice Treacle in Poſſet drink wherein is boyled wood-ſage.

To heal the ſore after the Venome is out apply a plaſter of Flos Unguentorum.

Or,

Take of Rue as much as you can hold between two fingers, of Garlick, half

half as much, of Walnuts, or the huskes, or the leaves of the Tree, a handful; ſtamp and ſtrain them with Ale or Beer, add thereto of London Treacle or Venice Treacle the quantity of a nut; drink off the liquor, and lay the fæces or that which is ſtrained out, to the ſore.

Or,

Take a good handful of Betony, as much of wilde Sage; boyl them in Poſſet-drink, and take thereof morning and evening with ſome Treacle of Andromachus.

Or,

Give fourty grains of Gentian root in powder (or more in a ſtrong body) with Poſſet-drink for two or three mornings together.

If it be a mad Dog, diſſolve a little Mithridate or Treacle of Andromachus in Treacle-water, or wine Vinegar; dip rags in it, and apply it warm to the ſore, and rub the ſore often with it: Afterwards lay upon it a Poulteſs made with Turpentine, Honey and Onions, or Garlick, bruiſed therewith.

The liver of the mad Dog is commended,

mended, if it be given the party in powder to drink in Poſſet-drink.

If Bees or Waſps ſting any, preſently pull out the ſting if it be lef behind, and lay Honey to it, or Mithridate, or Cow-dung with Sallet-oyl.

If the eye be ſtung, pull out the ſting preſently and apply Carduus bruiſed with the white of an egge, and ſo renew it two or three times if need require.

## *Againſt Deafneſs.*

TAke one ounce of oyl of Caſtor, oyl of Roſes and oyl of bitter Almonds of each half an ounce, Aquavitæ one ounce; boyl them together till the Aquavitæ be conſumed. Put four or five drops of it into the ear a little warm every night, and ſtop the ear with black wooll.

Or,

Take the powder of Bayberries and boyl it in oyl of Lillies or Sallet-oyl, then drop ſome of it into the ear every night, and ſtop it as before.

Or,

Or,

Boyl Bayberries (being firſt well bruiſed) in white wine, and hold your ear over the hot fume thereof two or three times in a day.

Or,

Take Marjarom, Rue, Camomill and Roſe-mary, of each a like quantity, boyl them in Vinegar; take the fume thereof into the ear or ears with a Tunnel or Funnel; after this is done, put ſome oyl of bitter Almonds into the ear and ſtop it with wool.

Or,

Take the juyce of Ground-Ivy, and put it warm into the ear; ſtop it as before.

Or,

Take two ounces of the juyce of Rue, as much womans milk, boyl it together till it be curdled, then ſtrain it, dip wooll in the juyce warm and put it into the ear.

Or,

Take an Onion and cut a hole therein, then put into it oyl of bitter Almonds and freſh butter without ſalt, boyl them together gently; drop of the

the liquor into the ears warm.

## *Againſt dim and ſore eyes.*

TAke Fennel, Vervein, Celandine, Rue, Eye-bright and red Roſes of each two handfuls, diſtill them and waſh the eyes therewith,

Or,

Diſtill green Walnuts (huskes and all) in a Still, and waſh your eyes with the water.

Or,

Take half an ounce of Tutiaſtone, or Tuttie, make it into fine powder, and put it into four ounces of whitewine, as alſo two ounces of red Roſe-water, ſhake it often together, and waſh the eyes therewith.

Or,

Take of the juyce of Ground-Ivy, Celandine, and Daiſies, of each one ounce, put to them a little Roſe-water, and white Sugar Candy in fine powder.

*Againſt*

### *Againſt watering and itching of the eyes.*

TAke one ounce of Lapis Calaminaris, make it hot in the fire, then quench it in half a pint of whitewine ſeven or eight times, when this is done make it in fine powder, and put it to the wine; waſh your eyes therewith.

Or,

Make a plaſter of Gumelemnie, and lay it to the Temples. This will ſtop the Rheume.

Or,

Take one ounce of Tuttie in fine powder, four ounces of freſh butter without ſalt, one ounce of oyl of Roſes, mix them together and make an oyntment, with which anoint the eyes at night.

Or,

Take half an ounce of Lapis Calaminaris, and of white Candy as much, of white wine one ounce or more; make the ſtone red hot in the fire, let it cool, then make it into fine powder; mix it with the wine, and put in the white

white Candy in powder; keep it in a glaſſe for your uſe.

Or,

Take a good handful of young red Fennel, as much of Eye-bright, one ounce of white Sugar-Candy, a quarter of an ounce of white Coperas; boyl them all in a pint of running water till about half be conſumed, then ſtrain it, and drop of the cleareſt into your eyes.

Or,

Take half an ounce of white Coperas in powder, and fourty grains of Orris root in powder, add to them two or three ounces of red Roſe-water, and waſh your eyes therewith, or drop ſome into your eyes.

## *Againſt ſpots in the eyes.*

DRop the juyce of Celandine into the eyes.

Or,

Take the juyce of Ground-Ivie, and put into the eyes.

Or,

Take half an ounce of burnt Co-

cle-ſhels, as much of Olibanum, and a quarter of an ounce of Sarcocolla, make them all in fine powder, and blow ſome of it into the eye with a quil.

### *Againſt Bloudſhotten and red eyes.*

TAke wormwood, bruiſe and mix it with the white of an egge and a little red Roſe-water; apply it to the eyes.

Or,

Put into the eye white Sugar-Candy in fine powder.

Or,

Take new Cheeſe often waſhed in fair water, beat it with the white of an egge, and apply it to the eye, or eyes.

### *Againſt the Tooth-ach.*

WAſh your Teeth with a decoction made with Vinegar and Hyſope.

Or,

Take Henbane root, bruiſe it, and boyl

boyl it with wine Vinegar, hold the decoction in your mouth.

Or,

If Rheume be the cauſe thereof, chew a piece of Pellitorie of Spain in your mouth, and that will draw much Rheume.

Or,

Take Salt, Pepper and Garlick, beat them together, and being put into a clout, hold it in your mouth.

Or,

Take Sage and Pellitorie, boyl them in Vinegar, and hold thereof in your mouth as hot as may be.

If it be a hollow tooth, put a little Mithridate therein.

Or,

Take lint and wet it in oyl of Spike, oyl of Organum, or oyl of Cloves, put it into the hollow tooth. But the beſt remedy for a hollow tooth is to pull him out.

## *Againſt an Ague.*

### *Inward means.*

TAke Carduus, Centory, the roots of Butter-bur, of each a quarter of an ounce, make them into powder, of which take as much as will lye on a ſix pence, in Poſſet-drink, wherein Marigold flowers have been boyled. Give it before the fit cometh, and let them ſweat.

Or,

Take a dram (which is half a quarter of an ounce) of Carduus, or Butter-bur root in powder, give it in Poſſet-drink before the fit, and ſweat after it.

Or,

Take a ſpoonful or two of the juyce of Germander, and give it the party warm before the fit cometh.

In the hot fit Orenge poſſet is very good, or Lemon poſſet.

*Againſt*

*Againſt the cold ſhakings of Agues.*

Take Camomill and Wormwood of each a handful, boyl them in Poſſet drink, and give thereof in the cold fit.

## *Againſt Agues.*

*Outward means.*

Take a Pickl'd Herring, ſlit him in the middeſt, and apply to the ſoles of each foot one part warm; let it lie on ſix or eight hours; do this before the fit cometh.

Or,

Take Celandine, Rue, of each one handful, bruiſe them ſmall, and add four ounces of black Sope, the whites of three or four eggs; mix them well together, bind it to the wriſts and ſoles of the feet.

Or,

Take Venice Turpentine, ſpread it on Leather, ſtrow thereon Nutmeg and Olibanum in powder, lay it to the wriſts.

Or,

Make a plaſter of Venice Turpentine, and ſtrow on it the Powder of Rue. Apply it to the wriſts,

Or,

Take a good handful of Feverfew, bruiſe it and add a little bay-Salt and Glaſs in powder; lay it to the wriſts.

Or,

Cut an Orenge in the middeſt, and ſpread each part with Mithridate, lay it to the wriſts warm, and binde it on.

Or,

Take Rue and Bay-ſalt, bruiſe them and lay it to the wriſts.

Or,

Hang Camphor about the neck in a thin rag, or piece of Silk. This hath cured many, eſpecially children.

## *Againſt the Collick, Stone, or Gravel.*

TAke Parſly ſeed, Gromel ſeed, of each half an ounce, of Bay-berries as much, of Licoris one ounce, let them be bruiſed and boyled in Poſſet drink,

drink, ſtrain it, and drink thereof morning and evening, a good draught warm.

Or,

Boyl Alexander-ſeed, or the herb in Poſſet-drink; ſtrain and drink of it as before.

Or,

Boyl an ounce of Juniper-berries in Poſſet-drink, adding thereto half an ounce of Licoris; drink morning and evening a good draught, warm.

Or,

Take of time, Parſly-roots, Fennel-roots (the pith taken out) and Alexander-leaves, of each a handful, boyl them in white wine and water ſufficiently, ſtrain it and drink thereof morning and evening.

*For the Collick.*

Take of Cow-dung one pound, of Cummin-ſeed and Carraway-ſeed, of each one ounce or more, bruiſe them and mix with the dung, apply it to the belly warm, adding a little Hoggs-greaſe to it.

## *Againſt the Cough.*

TAke of Clarified Honey four ounces, and put to it of Elicampane root in fine powder, half an ounce, or three quarters of an ounce; mix them together at the fire, and being throughly hot, keep it for your uſe, and take often of it.

Or,

Take two handfuls of Hyſſope, Raiſons of the Sun ſtoned four ounces, Figgs cut in ſlices two ounces, Licoris bruiſed one ounce, boyl theſe in a ſufficient quantity of water, ſtrain it, and take often thereof.

Or,

Take two or three handfuls of Horehound, two ounces of Licoris bruiſed, boyl them in water, and being ſtrained drink of it.

Or,

Take as much powder of Brimſtone or flower thereof as will lie on a ſix pence, morning and evening in an egge half roaſted, for the ſpace of a week.

*Againſt*

## *Againſt the Flux or looſneſs of the Body.*

BOyl the inward rinde of an Oak in milk, ſtrain it and put thereto powder of Rice, Cinamon in powder, alſo a little Sugar, eat of it often.

Or,

Take one Dram (which is half a quarter of an ounce) of the root of Tormentil in powder, mix it with half an ounce of Conſerve of red Roſes, and eat it, or let it be given in red wine, or Plantain-water.

Or,

Give fourty grains of Acorn-cups powdered in Riſe milk, morning and evening.

Or,

Give a Dram of Acorn-cups powdered in Poſſet-drink for two or three mornings together.

Or,

Take a pint of red wine, and put to it a quarter of an ounce of Cinamom, and as much Plantainſeed, bruiſed; boyl them

them gently together, ſtrain it, and give often thereof.

Or,

Take Plantain, Knot-graſſe and Shepherds-purſe, of each a handful; boyl them in new milk, ſtrain it and being thickned with crums of ſtale white bread, eat thereof.

Or,

Give a Dram of old Venice Treacle morning and evening for four or five dayes together in Plantain-water.

## *Againſt the Gout.*

TAke Milk, boyl it, and turn it with Vinegar, take off the curd and lay it to the part affected.

Or,

Take ground-worms and put them into Vinegar, that they may be purged from filth, then take half a pound of them and a pound of Hoggs-greaſe, beat them together and lay it on.

Or,

Take a pickle-Herring and pull away the bone, ſtamp it very ſmall, then put to it one ounce of Unguentum Populeon

leon and a little Bole-armonack in powder, as alſo ſome red Roſe-water; Apply it cold to the grieved place.

Or,

Take red Roſe-leaves, Camomil and Melilot, of each one handful, of Linſeed bruiſed or powdered one ounce, of the crums of white Bread half a pound, boyl them in milk to a Poulteſſe, adding thereto ſix penny-worth of Saffron and the yolks of two eggs. Lay it on to the grief.

Or,

Take oyl of Roſes and wax of each four ounces, Saffron a quarter of an ounce, melt the wax in the oyl, and put in the Saffron in powder, then add the yolks of two eggs, make an oyntment and keep it for your uſe.

Or,

Take a pound of Raiſons of the Sun ſtoned, bruiſe them, and apply it to the affected part.

Or,

Beat a Sheeps-head all to pieces, boyl it with two handfuls of Mallows, and as much Balm, till the bones fall

fall out; bathe the member with the liquor morning and evening.

Or,

Bathe the member in Sea-water.

Or,

Take dregs of ſtrong Ale or Beer, and put therein crums of Rie bread; boyl them to a poulteſs, and apply it.

Or,

Take Worm-wood, Walwort, and Bran of Wheat, of each two handfuls, bruiſe the herbs and add two handfuls of Cow-dung or Horſe-dung, let them be boyled in Vinegar, till the Vinegar be almoſt conſumed, then apply it warm.

Or,

Take a handful of red Roſe leaves and a pint of new milk: boyl them with crums of bread to a Poulteſſe, and apply it warm.

Or,

Take a ſpoonful of Bay-ſalt, as much gray Sope, and the quantity of Wall-nut of Boars-greaſe, Rue and Sage, of each half a handful. Beat them altogether, and lay it on a cloth to the place affected, renew it onee a day.

*Againſt*

## *Againſt the yellow Jandiſe.*

TAke a handful of Angelica-leaves, bruiſe it, and add Sheeps-dung and Gooſe-dung of each half a handful, ſteep them all in a pint and a half of Ale or Beer for one night, ſtrain it and drink thereof a good draught, morning and evening.

Or,

Take of Sheeps-dung half a handful, of Gooſe-dung as much, ſteep them in a pint of white wine or Ale one night, ſtrain it, and drink thereof morning and evening.

Or,

Take a good handful of red Nettle crops, boyl them in a pint of Ale or Beer, ſtrain it and drink a good draught morning and evening warm.

Or,

Take of Broom-flowers bruiſed, a handful of Saffron the weight of ſix pence, of the juyce of Celandine two or three ſpoonfuls, of Earth-worms waſhed clean, a ſmall handful; ſteep them in a pint and a half of white wine one

one night, then boyl them gently, ſtrain it, and drink thereof firſt and laſt.

Or,

Let a live Tench be applied both to the right ſide (where liver is) and to the ſoles of the feet.

Or,

Take the yellow bark or rinde of the Barberry-tree and bruiſe it, then let it be boyled in white wine or Poſſet-drink, when it is near boyled put in ſome Saffron, and boyl it gently a while, ſtrain it and drink thereof morning and evening.

## *Againſt the Small Pox or Meaſels.*

GIve a little Saffron powdered in milk morning and evening.

Or,

Give ſome London Treacle to bring them out. It may be given in Dragon-water or Carduus-water.

Or,

Take of the herb Scabious half a handful, or a handful of Figs ſliced, ſix in

in number, of Licoris bruiſed half an ounce, of Harts-horn as much; boyl them in a pint of Spring-water or Poſſet-drink to about half a pint, ſtrain it, and put thereto three or four penny-worth of Saffron in powder. Give four or five ſpoonfuls thereof morning and evening warm.

Or,

Take of Lentils (the huskes taken off) or Tares four ounces, of Figs in number ten, of Raiſons of the Sun ſtoned two ounces, of Fennel-ſeed bruiſed a quarter of an ounce; boyl them in three pints of water till the third part be conſumed; when it is near boyled put in twenty grains of Saffron, and let it boyl gently, ſtrain it and give three or four ounces hereof to drink warm morning and evening.

*To preſerve the eyes.*

Take of red Roſe-water four ſpoonfuls, of womans milk two ſpoonfuls, of white Candy in fine powder half a quarter of an ounce; mingle them together and drop ſome of it into the eyes warm. Or,

Or,

Take red Roſe-water and put a little Saffron in powder therein, waſh the eyes therewith warm.

*To preſerve the Throat.*

Let them hold often in their mouth white or brown Sugar-Candy, or the juyce of Lycoris.

Or,

Give them Honey of Roſes or Syrup of Mulberies warm.

*To preſerve the Lungs.*

Make them Barly-water with Figgs, Aniſſeed, Raiſons and Licoris. Let them drink often of it warm.

Let them that have the Pox be kept warm, but not too hot; give them broth and beer warm. Let their broth be made with Harts-horn, Sorrel and Mary-gold-flowers. They muſt not eat any meat till the Fever be gone; let them avoid wine, ſtrong beer and hot Spices. When the Fever is paſt, they may eat meat of light digeſtion, potched

poched eggs, and Bread and Butter. They may drink with a Toſt and a little Sugar, and after they have drank, let them eat the Toſt for this will cleanſe their mouth and Throat.

If the Pox ſtrike in, give them Mithridate, Diaſcordium, or Bezar-ſtone, from two grains to five or ſix grains.

After eight or ten dayes you may anoynt the face with theſe following means.

Take fat Bacon, roaſt it, and let it drop in fair water, then take the drop-ings and waſh it often in red Roſe-water or Plantain-water; with this let the face be often anoynted.

Or,

Take of oyl of Roſes half an ounce, of Sperma-ceti half a quarter of an ounce; mix them together by melting at the fire, ſtirring them till it be cold, then anoint with it.

Or,

Anoint the face with oyl of bitter Almonds and a little Sperma-ceti mixed together.

Or,

Take Alder-leaves one handfull, Ma-

rigolds two handfuls, of French Mallowes or ordinary Mallowes one handfull, Hoggs greaſe half a pound, bruiſe and boil them till the herbs be dry, ſtrain it and anoint therewith.

Or,

Take a quarter of an ounce of Ceruſſe, or Chalk often waſhed in fine powder, add to it two ounces of thin Cream, mix them together, and anoint therewith.

*To take away the ſpots in the face after they are well.*

Take the juyce of Lemons and mix with it a little bay-Salt in powder, waſh the face gently with it, or dip clouts in the juyce of Lemons, and waſh the face therewith.

*Againſt the Dropſie.*

TAke green Broom and burn it in ſome clean place that you may ſave the aſhes of it: Take nine or ten ſpoonfuls of the ſame aſhes and boyl them in a pint of white wine, till the ſtrength

ſtrength thereof be out, then ſtrain it make three draughts of the wine. Drink one faſting, another at three of the clock in the afternoon, and the other laſt at night.

Or,

Take a good handfull of the herb called Bitter-ſweet, bruiſe it, and boyl it in a pint of white wine, ſtrain it, and drink thereof morning and evening.

Or,

Take half a pound of Cow-dung, Aniſſeed and Cuminſeed in powder, of each two ounces, mix them together, and lay it on warm to the ſwollen belly or legs.

# An Appendix concerning Phlebotomie in *the Small Pox.*

Becauſe the vulgar do ſo much cry out of letting blood in the Small Pox, yea count it ſuch a piacle or mortiferous errour, I thought it neceſſary to ſatisfie them (if it may be,) that there is no ſuch danger as they ſuppoſe.

*Whether letting blood be ſafe in the Small Pox.*

*Whether Phlebotomie, or letting blood, may ſafely be uſed in the Small Pox.*

*Sol.* TO anſwer this queſtion, wee muſt conſider the Small Pox

Pox *ante eruptionem*, before any ſpots appeare, and *poſt eruptionem* after the ſpots appear. In the beginning before any ſpots appear, eſpecially in a full body, on the ſecond day, Phlebotomie may ſafely be done. That this may not ſeem my own, I ſhall cite my authority; and firſt I will begin with *Duncanus Liddelius*, who ſaith, *Incipiente morbo, ubi adeſt ſanguinis redundantia, ſi vires & ætas permittant nil melius putatur, quam à venæ ſectione initium facere*; In the beginning of the ſmall Pox where blood doth much abound, if ſtrength and age permit, no remedy ſo ſafe as letting blood. And again, *Tutiſsimum eſt in variolis & morbillis ſanguinem detrahere intra quartum diem ſi ſit plenitudo magna aut febris ardens*; It is moſt ſafe in the ſmall Pox and Meaſels to draw blood

*Liddelius de feb. l. 3. cap. 9. fol. 273.*

before the fourth day, if there be any great fulneſs or burning Fever. *Hollerius* ſaith thus, *primo aut ſecundo die ſanguis detrahendus eſt*: on the firſt or ſecond day blood is to be drawn away. And he goes farther, and gives a reaſon *Sic enim melius tranſpirat corpus. Putredinis cauſa intercipitur, levatur natura, & ſi quid vitii reliquum eſt, celerius in ſuperficiem corporis repurgatur, &c.* For by letting blood reſpiration is much helped, and the cauſe of putrefaction is intercepted, nature is eaſed, and the corrupt humours are more ſpeedily ſent from the Center, to the Circumference; otherwiſe there is great danger, leaſt by too much putrifaction the Fever be increaſed, and Nature too much oppreſſed with a multitude of humours, that at laſt it bring a ſuffocation to the

*Hollerius de morbis internis fol.* 827.

Patient

Patient. So that we ſee Phlebotomie is ſo far from hindering the coming forth of the Pox, that it is a great help to their more ſpeedy comming forth.

*Fuchſius* hath theſe words concerning letting-blood in the ſmal pox, *Si adulti corripiuntur exanthematis, in tio curationis, ſi corpus plenum fuerit, ſanguis mittendus, idq; faciendum antequam appareant exanthemata* : If adult or grown perſons be taken with the ſmall Pox, in the beginning, if they have full bodies, blood is to be taken away, but let it be done before the ſpots appear. Of this opinion are moſt of the Learned Phyſitians, *Mercurialis de morb. puer. lib. 1. fol. 24. Faventin. empiric. fol. 390. Pet. Paſcalis de feb. fol. 117. Pet. Paulus de cur. morb. lib. 2. c. 10. fol. 209. Pet. Bayrus tract. de Peſte, fol. 820 Heurnius de feb.*

*Fuchſius de med. mor. lib. 5. cap. 8. fol. 581.*

*Mercurialis edit. 1623. Faventinus, venetiis. 1554. Pet. Paſchalis Ludgduni 1631.*

*Pet. Paulus Lugduni. 1587.*
*Pet Bayrus, Lugdun. 1578.*
*Heurnius Lugduni Batavorum. CIC. IC. IIC.*
*Rondeletius edit. 1628.*
*Gordonius, Lugduni. 1574.*
*Riverius, Goudæ. 1649.*
*Sennertus, Parisiis. 1633.*
*Amatus Lucitanus Curatio. medicin. Centur. 4.*

*feb. fol.* 139. *Rondeletius method. curand. fol.* 626. *Gordonius de feb. fol.* 52. *River. prax. med. fol.* 157. *Sennert. de feb. fol.* 480.

I hope it doth now plainely appear, that there is no ſuch danger (as the moſt conceive and imagine) to let blood in the ſmall Pox, all the circumſtances well conſidered. But to make it more plain, I ſhall bring two or three inſtances of children that (having the ſmall Pox) have been let blood. *Amatus Lucitanus* let a childe blood of five years old that had the ſmall Pox, and took away four ounces of blood, who ſoon recovered. *Amat. Lucitan. Cent.* 3. *curat. decimâ ſextâ.* And he let blood another child of ſeven years old, and tooke away ſix ounces of blood. *Cent.* 1. *curat. decimâ.* And *Avenzoar* let his Son blood at three years old, who

who ſoon after recovered. *Pet. Bayr. tract. de peſte fol.* 821. Now if children be let blood in the ſmall Pox, much more may grown perſons be let blood before any ſpots appear. *Baſiliæ* 1556.

But haply it will be objected, that many that are let blood in the ſmall Pox dye, which haply might have lived, had they not been let blood: to which I anſwer, they may dye after letting blood for theſe reaſons. *Object. of the vulgar.* *Anſw.*

1 Firſt becauſe they wanted good tendance, which is a main and principal help in this diſeaſe, for experience doth manifeſt that if they be kept too hot or too cold, or take cold Beer or Broth how dangerous it is. 1

Secondly, becauſe they wanted good Cordials to expel out the Malignant humours. 2

Thirdly, becauſe their glaſs is run 3

run, and the Almighty hath ſet their time beyond which they cannot paſs; for *Statutum eſt omnibus ſemel mori*; it is appointed for all men once to dye; and what man liveth and ſhall not ſee death? *Quod natura negat, reddere nemo poteſt, & contra vim mortis non eſt medicamen in hortis.* Therefore let not the vulgar judg raſhly, Phlebotomie to be the cauſe.

Some * Phyſitians go yet farther, and give counſel to let blood though the ſpots appeare, in full and pletorick bodies where the Fever is violent, and that not onely once, but to reiterate Phlebotomie; which courſe I durſt never attempt nor venture upon; yet I once knew a young man about ſeventeen years old of a full body, after the Pox were come forth, that was let blood, who

* *Erumpentibus puſtulis fas eſt ſanguinem detrahere non ſemel duntaxat ſed bis terve pro ratione & neceſſitate indicationum. Pet. Faſcial de feb. fol. 117. Hiſtorie.*

who ſoon after recovered but before he lay ſenſeleſs. But in ſuch caſes I wiſh practitioners to be very *c* cautious, of letting blood, for fear of hindering nature in expelling the venemous humour, as alſo to prevent the calumnie of thoſe that are too apt to cenſure the beſt actions, and the moſt painful labours of the learned, eſpecially if it happen that the Patient dye of the diſeaſe. I might here alſo anſwer an other queſtion concerning letting blood in Peſtilent Fevers when any ſpots appear, but thoſe that deſire ſatisfaction herein, let them conſult with theſe following Authours, *viz. Hercules Saxonia de feb. fol.* 150. *Montanus de feb. peſtil. cap.* 50. *fol.*

*Cæterum perpetuum non eſt abſtinere Phlebotomiâ, cum jam papulæ in ſuperficie corporis extiterunt. Etenim ſit aliquando præ copia vitii, ut & plurimum reliquum ſit in corpore, urgeat vehementer difficultas ſpirandi gravis ſit febris: quo tempore ſi nihil repugnat, vena ſecanda eſt, Holler. de morb. intern. l. 2. fol.* 828. *Pet. Bayrus de peſte f.* 820. *Faventinus empiric fol* 390. *Hercules Saxonia, Venetiis* 1620. *fol* 10. *Ioh. Baptiſt. Montanus Baſtliæ.* 8.

50. *fol.* 463, 464, 465, 466.

Pet Salius Bononiæ. 1584. 4. Massaria Lugduni. 1634. fol.

*Pet. Salius diverſ. de feb. peſtilent. cap.* 24. *fol.* 200. *Maſſaria lib.* 2. *de peſte fol.* 530. 531.

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An

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FINIS.

THE *Authour of this* Book *hath publiſhed* Two other Books in *Engliſh*, very uſefull for ſuch as underſtand not the Latine Tongue.

One, a Treatiſe of the Nature and Qualities of ſuch Simples as are moſt frequently uſed in Medicines, together with compound Medicines for moſt Diſeaſes incident to Mankinde, and a Table annexed, explaining the hard words and Termes uſed by Phyſitians, for the benefit of ſuch as want help therein.

The other is a Treatiſe of the chief Diſeaſes of the Head, with their *Cauſes*, *Signes*, *Prognoſticks* and *Cures*.

Both the ſaid Treatiſes are ſold at the *Gilded Lion* in *Pauls* Church-yard.